

Thank,

May 22nd - St Molua's 11am Anna McElhinney, Reggie Quinn Connie McKenna Catriona Casey May 28th - St Mary's 8pm Kathleen O'Brien, Mary McKenna Francis McNulty Margaret Mooney May 29th - St Molua's 11am Siobhan Kelly Frances McKenna Margaret Bane, Mary Lynch June 4th - St Mary's 8pm Mary McMahon Anne Molloy Christina Sheedy, Mary Kirby June 5th - St Molua's 11am Marv Gibbons Margaret Lynch Martha McNamara, Ann Ryan

Thank you for your continued kind generosity & support.

Reflection: Lord, we become attached to the things which bring us close to you: our devotions and pilgrimages; the way liturgy is celebrated in our parish; our method of prayer. When we have to give them up we become

anxious and even angry. But we have learned from experience that we must not let our hearts be troubled or afraid because you are greater than any manifestation of your presence, and just as Jesus went away from his disciples and returned so you will always show yourself to us in a new way.

Lord, open my heart to prayer and care this day. Open my eyes to the beauty and problems of others. Open my heart to your love for me. Amen

All notices are as given & correct on going to print.

www.mountshannonarts.ie and their social media channels

a community art installation and the first ever Mountshannon Community Parade all designed to make you wonder are you the spectator or the artist? Everyone is invited to take part in the events and to discover the unique relationship between artists and audience. Mountshannon Arts events are being brought to fruition thanks to all the amazingly talented artists involved and their apprentices. Mel White, chair of the volunteer committee says 'We are so excited for this festival after 2 years of lockdown and we have been supported by the local community in every way. We have brought together an eclectic mix of actors, musicians, artists and creative writers to create an experience like no other this year. We would like to encourage everyone to come and join us either as a participant or a spectator'. Find out more about the Festival on

ALONE are currently looking for befriending volunteers in your area. Support and Befriending is a supported one-to-one relationship between a volunteer and an older person who has been linked in with ALONE. The ALONE Support and Befriending service provides companionship and practical support to older people who would like extra social contact through a weekly volunteer visit. The Support and Befriending service is designed to reduce feelings of isolation and loneliness, provide assistance to solve everyday problems and enable older people to feel secure at home. Visit www.alone.ie for more details and to sign up. If you have concerns about your own wellbeing or you are an older person who would like to receive ALONE's Support & Befriending services, contact ALONE on 0818 222 024 from 8am – 8pm, seven days a week. Helplines: Women's Aid Helpline 1800 341900: Pieta: 1800 247 247 or text HELP to 51444 Clare Haven 065 6822435, Samaritans, Ennis - 065 6829777 St. Vincent de Paul, East Clare - 086 3921492